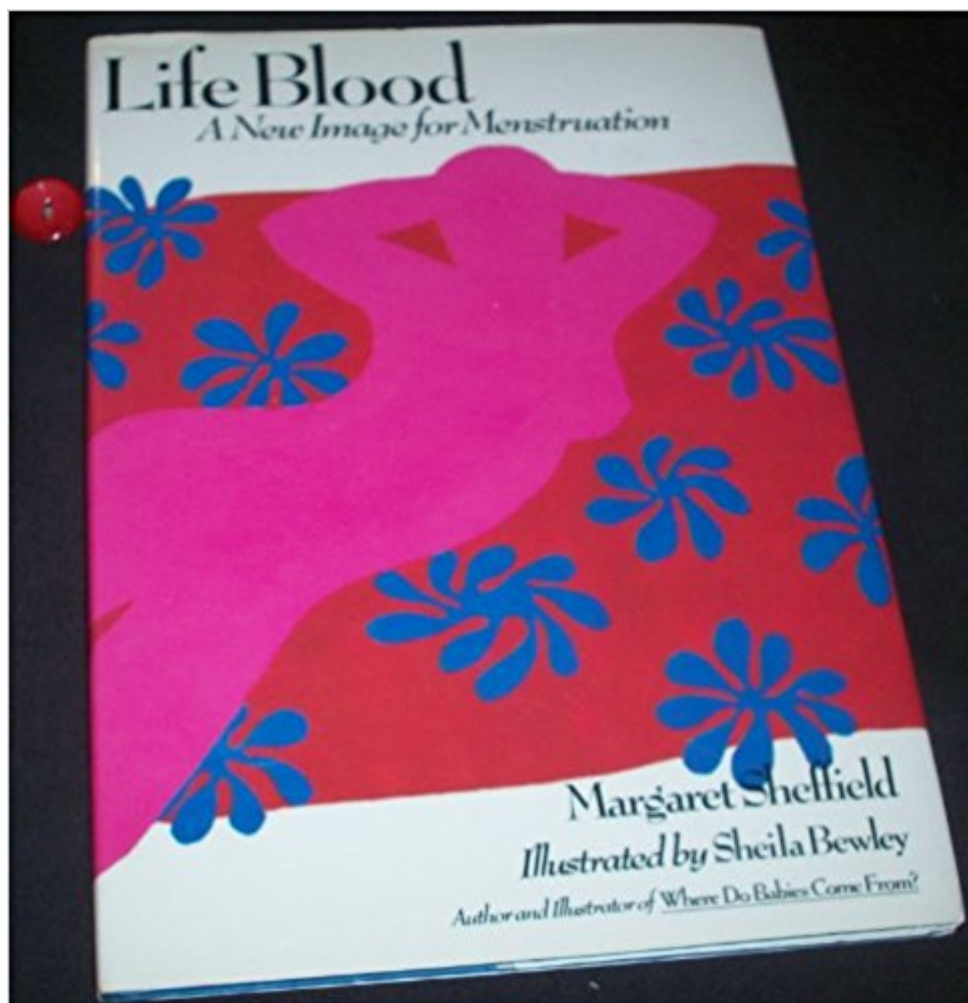


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# Life Blood: A New Image For Menstruation



## Book Information

Hardcover: 1 pages

Publisher: Knopf; 1st American ed edition (July 8, 1989)

Language: English

ISBN-10: 0394570650

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Age Range: 5 and up

Grade Level: Kindergarten and up

## Customer Reviews

Kindergarten-Grade 3-- Continuing the quality of *Where Do Babies Come From?* (1973) and *Before You Were Born* (1984, both Knopf), Sheffield and Bewley offer another beautiful, nonexplicit, evocative title to help start discussions between parents and children. Bewley's prints in vivid colors show graceful female silhouettes in lounging and dancing positions, juxtaposed with Matisse-like leaf patterns and moons. With less than 100 words per page, Sheffield explains the meaning and importance of menstruation: "To understand menstruation is to understand the origins of life in the uterus." Not a practical manual on female puberty like Nourse's *Menstruation* (Watts, 1987) or Elgin's *28 Days* (McKay, 1973), this tells the simple truth to those for whom menstruation is not a personal reality. Sheffield manages to be both scientific and inspirational ("... inside the wall of skin, the body is like the engine of a racing car, strongly made and finely tuned.") --Anne Osborn, Riverside Public Library, CA  
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Image Workbook for Teens: Activities to Help Girls Develop a Healthy Body Image in an Image-Obsessed World  
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